# Logo Description automatically generatedDBHIDS

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| Wellness Hour Agenda: | April 29, 2022 12:15-1:00pm |

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| Wellness Hour Presenter Arrivals | 12:00-12:15pm |  |
|  | **Faith and Spiritual Affairs Conference Schedule 15th Annual Conference**  **Triumph through Tragedy: Finding ways to persevere**  **Zoom** |  |
| 12:15-1:00pm | Wellness Hour Lineup Open Networking Hour  Spirit Club  Spirit Club  Kara Koser  Doreen Lafferty  Greg Thomas  Mural Arts | OnlineOpen spaceZumbaYoga & MindfulnessSingerQigong and Ear seed DemoGfit FitnessTBD |
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